



# 2016-17 SCHOOL YEAR REPORT CARD

## SUMMARY

An estimated 2,000 middle and high school students in Spokane do not know if they will have enough to eat on weekends during the school year. Second Harvest and At The Core partner with schools and community organizations to get weekend food supplies to hungry teens through Bite2Go XL. Formerly only at elementary schools, the program expanded this past school year to serve middle and high school students. The food kits feature larger portions to accommodate higher caloric needs of older youth. Students can customize their food supplies with a variety of nonperishable items that they can prepare with entry-level cooking skills—with or without access to a full kitchen. Bite2Go XL sets itself apart from other middle and high school hunger-relief programs based on the core values of dignity, respect, anonymity and choice.

# ACCOMPLISHMENTS

By the end of the school year, Bite2Go XL was feeding 131 students a week at Mead, Mt. Spokane and Lewis and Clark high schools, and Glover Middle School.	
Three generous adoptive organizations—Guardian Life Insurance, CliftonLarsonAllen and Empire Health Foundation—made it possible to pilot Bite2Go XL at three local high schools and one middle schools this past school year.	

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### Bite2Go XL feeds middle and high school students

Bite2Go XL is mostly led by student groups. This increases the civic engagement of local youth. Participants receive their custom food kits discreetly on Friday afternoons from a trusted teacher. **Bite2Go XL feeds 131 students each week.** This is thanks, in large part, to outreach by volunteers from At The Core (learn more at lifeatthecore. org). Next year, the goal is to expand into three more high schools and three middle schools. Below is a list of current Bite2Go XL schools and the corresponding adoptive organization in Spokane for the 2016-17 school year.

**Guardian Life Insurance** Mead High School Mt. Spokane High School

**CliftonLarsonAllen Insurance** Lewis and Clark High School

**Empire Health Foundation** Glover Middle School











"As word has spread about what we are doing, we've had more and more schools contact us. I think they are hearing from their colleagues that Bite2Go XL is really helpful."

#### Brenna Sloan, Co-Founder, At The Core

"I get to see both ways of living. I go to a house where eating out is a consistent thing, and a house where we have to be very careful about what we buy." **Dakota Magnum-Turner, Student Volunteer,** Lewis and Clark High School

"The families benefiting from Bite2Go XL have the potential to fall through the cracks, which is unacceptable here. We

believe all people are worthy of love and belonging. Bite2Go XL is one of the best ways for us to prove it." Jeff Naslund, Administrator, Mead High School